

Nyob Zoo Tsev Neeg,

Nrog nej zoo siab! Kev txais tos ib tus me nyuam tshiab rau hauv koj tsev neeg yog ib qho kev zoo siab tshaj plaws thiab muaj kev paub zoo tshaj plaws, ib qho kev cia siab, kev npau suav, thiab cov kev nyuaj. Peb zoo siab los nrog koj taug koj kev no!

Tam sim no, koj tau kawm paub tias koj tus me nyuam muaj qhov sib txawv ntawm kev hnov lus. (Qee tus neeg yuav siv lo lus tias tsis hnov lus.) Lub hlwb zoo kawm nkaus ntawm cov me nyuam mos thiab cov me nyuam yaus kawm tau txhua hnuv. Rau cov me nyuam mos thiab cov me nyuam yaus uas muaj qhov sib txawv ntawm kev hnov lus, thawj xyoo ntawm lub neej yog lub sij hawm tseem ceeb tshwj xeeb rau kev tsim cov lus thiab kev sib txuas lus, kev sib raug zoo, thiab kev txawj ntse uas ua rau muaj kev kawm tom qab hauv tsev kawm ntawv thiab txuas ntxiv mus. Muaj ntau tus neeg tuaj yeem pab txhawb koj ntawm koj txoj kev taug: cov neeg hauv tsev neeg thiab cov phooj ywg, koj lub zej zog, lwm cov tsev neeg ntawm cov me nyuam yaus uas kev hnov lus sib txawv, lag ntseg los sis tsis hnov lus tsis zoo rau cov neeg laus, cov tswv cuab hauv zej zog kev ntseeg, thiab cov kws paub txog kev noj qab haus huv thiab kev kawm npe ob peb. Peb kuj nyob ntawm no los pab koj thiab koj tus me nyuam thaum koj loj hlob ua ke.

Help Me Grow Minnesota yog ib qho kev xa mus uas muab cov ntaub ntawv thiab kev pab rau tsev neeg thaum koj tus me nyuam loj hlob thiab kawm thiab txuas koj ncaj qha nrog kev txhawb nqa thiab kev pab cuam thaum koj muaj kev txhawj los sis kev txhawj xeeb txog lawv txoj kev loj hlob. Cov kev pab cuam no, uas yuav raug hu ua kev pab cuam thaum ntxov, yog pub dawb rau txhua tus me nyuam yaus thiab cov tsev neeg uas tsim nyog los ntawm cov tsev kawm zej tsoom hauv nroog thiab cov koom tes thoob plaws Minnesota thiab 11 Pawg Neeg uas koom nrog peb, tsis hais tsev neeg cov nyiaj tau los-los sis kev nkag teb chaws.

Koj tus kws kho hnov lus thiab tus kws kho mob me nyuam yaus yuav tsum tau raws li txoj cai lij choj txhawm rau txuas tag nrho cov me nyuam mos thiab cov me nyuam yaus uas muaj qhov tsis hnov lus los sis lwm yam kev txhawj xeeb txog kev loj hlob thiab lawv tsev neeg mus rau kev cuam tshuam ntxov thiab kev pab cuam kev kawm tshwj xeeb rau me nyuam yaus. Koj tuaj yeem ua qhov kev sib txuas ncaj qha rau koj tus me nyuam thiab koj tsev neeg hauv online los sis hauv kev hu xov tooj. Tshawb xyuas qhov kev pab cuam hauv online no rau tsev neeg: [Help Me Grow MN \(www.helpmegrowmn.org\)](http://www.helpmegrowmn.org).

Cov foos hauv online tam sim no muaj nyob rau hauv:

- [Lus Hmoob \(www.helpmegrowmn.org/HMG/Refer/referhmoob/index.html\)](http://www.helpmegrowmn.org/HMG/Refer/referhmoob/index.html)
- [Lus Somali \(www.helpmegrowmn.org/HMG/Refer/refersomali/index.html\)](http://www.helpmegrowmn.org/HMG/Refer/refersomali/index.html)
- [Lus Spanish \(www.helpmegrowmn.org/HMG/Refer/referespanol/index.html\)](http://www.helpmegrowmn.org/HMG/Refer/referespanol/index.html)
- [Lus Askiv \(www.helpmegrowmn.org/HMG/Refer/index.html\)](http://www.helpmegrowmn.org/HMG/Refer/index.html)

Koj kuj tseem tuaj yeem hu rau Help Me Grow Minnesota ncaj qha ntawm **1-866-693-GROW (4769)** txhawm rau tham nrog ib tus neeg hauv live. Muaj cov kws pab txhais lus rau txhua hom lus.

Cov kws tshaj lij los ntawm koj cheeb tsam tsev kawm los sis koom tes yuav hu rau koj tom qab tau tsim qhov kev sib txuas no, feem ntau nyob rau hauv ib lub lim tiam los sis ob zaug. Cov neeg no tau raug cob qhia thiab cog lus txhawb nqa koj thiab koj tus me nyuam los sis me nyuam yaus nrog cov ntaub ntawv

tshwj xeeb, cov peev txheej, thiab cov kev pab cuam uas koj xav tau thiab xav tau los pab koj tus me nyuam loj hlob thiab kev kawm.

Yog tias koj xav paub ntau ntxiv los sis muaj lus nug txog kev pab cuam thaum ntxov rau koj tus me nyuam mos los sis me nyuam yaus thiab koj tsev neeg, thov tsis txhob ua siab deb tiv tauj rau peb ncaj qha. Peb tau cog lus txhawb nqa koj thiab koj tus me nyuam txhua txoj hauv kev uas peb tuaj yeem ua tau.

Txaus siab rau cov hnuv thaum ntxov thiab lub lim tiam ntawm kev tshawb nrhiav pom! Peb txhawb kom koj sib tham thiab sib txuas lus ntau npaum li koj tuaj yeem ua tau nrog koj tus me nyuam kom mus cuag tau thaum pib.

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