

Physical/Health Disabilities Self Advocacy and Disability Awareness Checklist (SADAC)

The *Self Advocacy and Disability Awareness Checklist* is an informal evaluation tool used to gather information regarding a student's self advocacy skills and disability awareness. Self Advocacy skills allow individuals to recognize individual rights and abilities, identify when help is needed, and to know when and how to appropriately ask for support. This promotes a sense of control in their world and assists in developing a healthy self-esteem.

This tool is designed for students from elementary through transition age, and combines two separate checklists. It allows the educator and student to identify areas of strength and need as they relate to self advocacy and disability awareness, and how those strengths can be used to address educational needs. This tool may also be helpful in developing IEP goals, objectives, and accommodations in the educational setting.

This tool was initially developed in 2007 by the Intermediate District #287 Itinerant Physical/Health Disabilities Program for use with students who have physical and/or health disabilities.